

## HOW OFTEN SHOULD YOU **CLEAN** Everything?

EVERY DAY	EVERY 1-2 WEEKS	EVERY MONTH	EVERY 3-6 MO.	EVERY YEAR
<ul style="list-style-type: none"> <li>• Make bed</li> <li>• Clean dirty dishes</li> <li>• Wipe down kitchen counters &amp; tables</li> <li>• Do laundry (as needed, 1 load per day)</li> <li>• Clean Coffeemaker</li> <li>• Wipe down bathroom surfaces</li> </ul>	<ul style="list-style-type: none"> <li>• Mop kitchen &amp; bathroom floors</li> <li>• Scrub bathroom surfaces</li> <li>• Clean mirrors</li> <li>• Dust furniture</li> <li>• Vacuum floors and furniture</li> <li>• Toss expired food</li> <li>• Wipe down kitchen appliances</li> <li>• Sweep kitchen floors</li> <li>• Sanitize kitchen and bathroom sinks</li> </ul>	<ul style="list-style-type: none"> <li>• Vacuum vents &amp; woodwork</li> <li>• Dust &amp; clean light fixtures</li> <li>• Dust blinds</li> <li>• Clean inside of dishwasher, washer &amp; dryer and Microwave</li> <li>• Change bedding</li> <li>• Clean stairways</li> <li>• Clean bathtub/shower inside and out</li> <li>• Wipe down the inside of refrigerator &amp; freezer</li> </ul>	<ul style="list-style-type: none"> <li>• Deep Clean inside refrigerator &amp; freezer</li> <li>• Clean kitchen range hood</li> <li>• Clean inside oven and all burners</li> <li>• Wash or change shower curtain liner</li> <li>• Clean under and behind furniture</li> <li>• Clean patio/deck and outdoor furniture</li> <li>• Wash pillows &amp; comforters</li> <li>• Vacuum mattress</li> <li>• Descale coffeemaker or tea kettle</li> <li>• Clean all drains</li> <li>• Organize pantry</li> </ul>	<ul style="list-style-type: none"> <li>• Clean around dryer &amp; vents</li> <li>• Clean drapes/curtains</li> <li>• Deep clean carpet &amp; upholstery</li> <li>• Deep clean windows</li> <li>• Wash walls</li> <li>• Clean cabinets inside &amp; out</li> </ul>

## HOW OFTEN SHOULD YOU **CLEAN** Everything?

EVERY DAY	EVERY 1-2 WEEKS	EVERY MONTH	EVERY 3-6 MO.	EVERY YEAR
<ul style="list-style-type: none"> <li>• Make bed</li> <li>• Clean dirty dishes</li> <li>• Wipe down kitchen counters &amp; tables</li> <li>• Do laundry (as needed, 1 load per day)</li> <li>• Clean Coffeemaker</li> <li>• Wipe down bathroom surfaces</li> </ul>	<ul style="list-style-type: none"> <li>• Mop kitchen &amp; bathroom floors</li> <li>• Scrub bathroom surfaces</li> <li>• Clean mirrors</li> <li>• Dust furniture</li> <li>• Vacuum floors and furniture</li> <li>• Toss expired food</li> <li>• Wipe down kitchen appliances</li> <li>• Sweep kitchen floors</li> <li>• Sanitize kitchen and bathroom sinks</li> </ul>	<ul style="list-style-type: none"> <li>• Vacuum vents &amp; woodwork</li> <li>• Dust &amp; clean light fixtures</li> <li>• Dust blinds</li> <li>• Clean inside of dishwasher, washer &amp; dryer and Microwave</li> <li>• Change bedding</li> <li>• Clean stairways</li> <li>• Clean bathtub/shower inside and out</li> <li>• Wipe down the inside of refrigerator &amp; freezer</li> </ul>	<ul style="list-style-type: none"> <li>• Deep Clean inside refrigerator &amp; freezer</li> <li>• Clean kitchen range hood</li> <li>• Clean inside oven and all burners</li> <li>• Wash or change shower curtain liner</li> <li>• Clean under and behind furniture</li> <li>• Clean patio/deck and outdoor furniture</li> <li>• Wash pillows &amp; comforters</li> <li>• Vacuum mattress</li> <li>• Descale coffeemaker or tea kettle</li> <li>• Clean all drains</li> <li>• Organize pantry</li> </ul>	<ul style="list-style-type: none"> <li>• Clean around dryer &amp; vents</li> <li>• Clean drapes/curtains</li> <li>• Deep clean carpet &amp; upholstery</li> <li>• Deep clean windows</li> <li>• Wash walls</li> <li>• Clean cabinets inside &amp; out</li> </ul>